

EXECUTIVE COUNCIL HOLDS ANNUAL SESSION

Many Committees of Bankers Transact Business at Jefferson

NOT SUFFICIENT MOTOR CARS
Tours to Manufacturing Plants Prove Popular, and Committee Calls for Use of Automobiles—Important

The executive council of the American Bankers' Association met in annual session at 2 o'clock yesterday afternoon. The meeting was executive, and dealt with the business of the association, which will be treated in its report to the body on the final day of the convention. About forty-five members of the executive council were in attendance.

Besides the meetings already noted, the meetings were held during the day by the executive committee of the Finance and Credit section, with Arthur Reynolds chairman; the executive committee of the clearing-house section, J. D. Ayres chairman; the

committee on labor chairman; the finance committee on finance chairman; the insurance committee on insurance, Oliver Sands chairman; the committee on law, R. W. Foote chairman; the membership committee on membership, Arthur L. Hays chairman; the executive committee on executive committee, N. F. Hawley chairman; the committee on section by section, John H. Mason chairman; the executive committee of the executive committee, John H. Mason chairman; the committee on amendments to the constitution, Samuel H. Mason chairman; the committee on the constitution and reception of new members of the council, W. H. Buchholz chairman.

NOT SUFFICIENT MOTOR

Considerable difficulty was experienced yesterday by the automobile committee in obtaining enough cars to take care of all delegates desiring to go.

"We have been embarrassed to-day by the failure of promised cars to put in an appearance," said J. T. Palmatrix, chairman of the automobile committee.

"We have been promised cars, but have not promised to lend their cars," have made good. It is absolutely necessary that all persons who have undertaken to help us out in this respect, have their cars ready to be called on at 10 o'clock in the morning. The town committee will be given daily between the hours of 10 o'clock in the morning and 2 o'clock in the afternoon, and are proving extremely popular. We need every machine we can get to take care of the demand."

Besides the functions noted, there was a luncheon at 1 o'clock in the afternoon on the roof garden of Rucker's hotel, at which the members of the Rotary Club to visiting Rotarians, the women accompanying delegates and visitors to the convention were entertained at a 5 o'clock afternoon tea at the hotel.

Deliberative sessions will begin today, with meetings of the savings bank, trust company, clearing-house and State secretaries' sections, of the Commercial Bankers Association, the trust company and savings bank sections will meet jointly at 10 o'clock this morning in the Jefferson Hotel auditorium.

Addresses of more than ordinary interest in view of the impending establishment of the reserve bank system, will feature the joint meeting.

The first of these, "The Future of State Institutions Under the Federal Reserve Act," will be made by H. Parker Willis, former associate editor of the Journal of Commerce, New York, recently appointed secretary of the Federal Reserve Board in Washington. "What Should Be the Attitude of State Banks, Savings Banks and Trust Companies Toward the Federal Reserve System?" will be the title of an address by George M. Reynolds president of the Continental and Commercial National Bank Chicago.

WILL DECIDE ON POLICY

Business Men's Club to Hold Special Meeting of Membership This Afternoon.
A special meeting of the membership of the Business Men's Club will be held in the clubroom, AMERICAN NATIONAL BANK BUILDING, at 2:30 p.m. today.

Bank Building, this afternoon at 5 o'clock. The directors desire to present to the membership several problems which will have a far-reaching effect on the future policies of the organization, and it is desirable that there be present as large a number of the membership as possible.

Colonel Bruton to Speak.

The annual meeting of the Centenary Church Club will be held at the church to-night. The principal attraction being Colonel John F. Bruton, of Wilson, N. C., a member of the board of directors of the Fifth District Regional Reserve Bank, located in Richmond. The meeting will be open to the public.

Physician Says It Interferes with Digestion and Hastens Death by Hardening Arteries.

Among other physiological effects of coffee drinking it is found that this beverage with its drug, caffeine, is one of the causes of premature old age, according to Dr. J. H. Kellogg, of the Battle Creek Sanitarium. He says:

"The evil effects of coffee on all persons of whatever age may be briefly summed up as follows:

"First, the tannic acid in coffee interferes with digestion.

"Second, the caffeine of coffee is a

"Third, the effects produced are similar to those of alcohol. When long used, the result is damage to the poison destroying glands, particularly the thyroid gland, liver and the kidneys, as a result hardening of the arteries and premature old age. All medical authorities forbid the use of caffeine or coffee to persons whose arteries are hardened or who have high blood pressure. This condition is always present in elderly people.

"Coffee is particularly bad for young children, because the thyroid gland and other poison-destroying glands are not yet well developed. Any intelligent parent would not permit a child to use coffee."

NOTE.—Among invalids and those who

covering from disease and surgical operation coffee drinking is almost invariably forbidden. On the contrary the pure food-drink INSTANT POSTUM finds extensive use in hospitals and sanitariums the country over. This delicious beverage is taking the place of coffee in thousands of American homes where health is valued. "There's a Reason."—Advertisement.